



BRIDGING PATHWAYS FOR CHILDREN, YOUNG PEOPLE & ADULTS



**BRIDGING
SPECIALIST
CARE**

Based in Birmingham, we specialise in complex mental health needs for children, young people, and adults. Our services include respite home care, personal care, domiciliary care, and health care observations.



**‘Building a supportive foundation
for safety, growth and wellbeing’**





**'Compassion is more than
just a word to us - it's at
the heart of everything
that we do'**

Hello

Welcome to Bridging Specialist Care, where we provide comprehensive, 24/7 nurse-led support for children, young people, and adults facing social, emotional, and mental health challenges. Our services are built on a foundation of compassion, which is more than just a word to us—it's the heart of everything we do.

We genuinely care about the well-being of those in our care, and we show this through active listening, attentive focus, and deep understanding. At Bridging Specialist Care, person-centred care and the welfare of our employees are at the core of our company culture. These values guide us as we support individuals in crisis.

We are committed to delivering personalised care that meets the unique needs of each person, working closely with a multidisciplinary team to find the right strategies and support. Our dedicated team strives to enhance the quality of care, always prioritising safety and well-being with a compassionate approach.



**‘Building a supportive
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Our Mission

Our mission is to provide unwavering support to children, young people, and adults facing social, emotional, and mental health challenges. We recognise that each individual has unique needs, and we are committed to delivering personalised, person-centred care tailored to the specific requirements of each person under our care. We support NHS Trusts, local authorities and families.



Standards

We strive to make a positive impact with our unwavering commitment to compassion and kindness, ensuring high-quality care for all. Registered with the CQC, our staff are highly trained and experienced in both inpatient and residential settings. We value the experiences of the families and professionals we work with and closely monitor outcomes to continually improve our services.



“The process was seamless, smooth, and fast. We had complete peace of mind, knowing that everything was expertly handled”

Services

We are dedicated to delivering outstanding services in respite home care, personal care, domiciliary care, and enhanced observations. Our focus is on providing personalised support to children, young people, and adults facing emotional, social, and mental health challenges. Our team consists of highly skilled professionals, including Registered Mental Health Nurses, Learning Disability Nurses, and experienced Health Care Assistants.



“Even when things were really hard, I always felt respected by the staff”

Our Values

Our core values shape everything we do, ensuring that we provide the highest quality of support to those in need. Our approach is rooted in compassion, respect, commitment, and collaboration, creating a nurturing environment where every individual can thrive.

Compassionate

We always show understanding and empathy towards each other and to those we support. Understanding the difference we can make, we deliver our care with respect and kindness.

Respectful

Our ethos is to treat everyone in our care and each other with dignity and respect. We believe in doing our utmost to foster a culture of honesty, openness, and humility.

Committed

Quality of care is paramount in all we do, and we do not compromise on our commitment to this. We are committed to delivering safe and effective care, ensuring the well-being of those in our care.

Working Together

To provide continuity and smooth transitions, we believe in working together to achieve the best results for those in our care. This allows the integration of various expertise, leading to coordinated, high-quality care.



Views & Wishes

We believe that it is crucial to prioritise the voices of children and young people in shaping their care as much as possible. Their insights and preferences are vital for creating supportive, effective, and individualised care plans. Actively listening to their perspectives ensures that their unique needs and aspirations are addressed, fostering a sense of autonomy and respect. By involving them in decision-making processes, we not only enhance their well-being and satisfaction but also empower them to take ownership of their lives. This inclusive approach promotes better outcomes and helps build a foundation of trust and mutual respect, ultimately leading to more positive and meaningful care experiences.



Home Care

We provide exceptional, personalised respite services for children, young people, and adults with complex needs. Our mission is to offer compassionate and professional care, ensuring that both children and their families receive the support they need at home or in the community. Our highly trained staff bring extensive experience and a deep understanding of complex needs. We are dedicated to delivering high-quality, flexible care that supports the well-being of children and provides invaluable respite for families. Respite care offers essential support and relief for both the child and primary caregivers, helping to support and prevent care breakdowns giving primary carers much needed time and support.

Our services include:

- Personal care
- Meal support
- Medication assistance
- Activities tailored to each individual's needs



Enhanced Observations

We specialise in providing enhanced observations as a therapeutic intervention to manage and reduce risks. Our mission prioritises recovery and well-being through collaborative support. Our team of registered mental health nurses, learning disability nurses, and healthcare assistants ensures comprehensive staffing and patient engagement. As a CQC-registered service, we offer reliable personal care support, working with trusts, hospitals, and local authorities. Our staff are skilled in crisis intervention and positive patient engagement, maintaining high standards of care. By creating a supportive environment, we help reduce risks, enhance patient outcomes, and improve overall well-being. Let us help you create a safer, more supportive therapeutic environment.

- 24 hour staffing support
- Hospitals, community settings & supporting eating disorder services
- Positive approaches to challenging behaviour
- Supporting NHS trusts and local authorities



Contact Us

We are here to help and answer any questions you may have. Whether you're seeking more information about our services, need assistance, or want to discuss how we can support you, please don't hesitate to call us. Reach out to us today, and let's work together to find the best solutions for your care needs.

If you require urgent assistance for a child, young person, or adult, you can access our support 24 hours a day. Our fast-response crisis team is here to help.



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